



Q-Light Channel - Subscription Content

If you sign up for the '**Q-LIGHT**' (Starter Subscription) or '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will receive the following 3 Audio Sessions in your first month

WEEK 1

ENERGY LIFT-OFF - Your Master Energy Cleanse

This Quantum Energy Lift-Off powerfully purifies the energy within your Spiritual Body deeply and then purifies your Mental Body, Emotional Body and your Etheric Body and moves more deeply into your Physical Body and into every cell, nerve, muscle in your Physical Body. This Lift-Off infuses high concentrations of pure energy and divine love into the energy core and through every filament of your energy and consciousness within your energy body. This session lifts layers of negative or lower vibrational energy that does not allow your vibrational frequency to raise to a higher vibration.

ENERGY TOP-UP - Your Master Energy Supercharge

This Quantum Energy Top-Up activates the True Light Vibration of your Soul through your energy field and energy system. It infuses and supercharges special amplified formulas of pure energy, through every chakra, nerve, cell, atom, photon, molecule, strand of DNA in your physical body and energy body. It infuses and supercharges special amplified formulas of pure energy through your Spiritual, Mental, Emotional, Etheric and Physical bodies. This session also supercharges the Flame of Love to the Highest Octaves of Love within each of your Chakras and each level of your energy body.

MASTER KEY (MEDITATION) - Your Master Key for Balance

Qala Sri'ama Phoenix guides you through a beautiful 25-minute Quantum Field Meditation that aligns your mind and body to releasing stress and receiving love. It opens your mind to the Quantum Field and expands your heart energy and vibration into higher Octaves of Love to allow you to use your heart energy to Balance all of your Energy and create your own Energy Sphere to be strengthened and protected.

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If you Sign up for the '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following 3 extra Audio Sessions in the first month

WEEK 2

ENERGY LIFT-OFF - Your Heart Chakra's Super Cleanse

This Quantum Energy Lift-Off activates the most powerful super-cleanse of your heart chakra so your heart may open more powerfully to gift you a higher love vibration through your energy field. 12 Angels and Archangels initiate your Heart Chakra with a special formula of 12 unique powerful Divine Flames of Quantum Energy through the dimensions and filaments of your heart chakra. This gentle yet powerful cleanse is magnified through each dimension of your heart chakra slowly to penetrate every filament of your energy and consciousness and each cell of your body. Liquid Love Infusions concentrate through each filament and dimension as the old energy, unresolved memories and fear is purified and lifted from your being. This session offers 7 Levels of Super-Cleanse and Lift-Off from your Heart Chakra as you receive special formulas of Quantum Light Frequency and Love Infusions.

ENERGY TOP-UP - Your Liquid Love Supercharged Heart Infusion

This Quantum Energy Top-Up expands the higher vibrations within your Heart Chakra and infuses and saturates your heart chakra with special formulas that create your heart chakra to illuminate, expand and magnify its power in your life. Your Spiritual, Mental and Emotional bodies are aligned to create greater Heart Connection. Special formulas of divine energy are supercharged through every atom, photon, particle of your heart and energy field. During this session, the Enlightened Master - St Germaine, initiates the Violet Flame and the most powerful supercharged heart infusion through your heart chakra, physical body, mind and Soul. This Top-Up supercharges and expands the doorways of your heart and energy core, and through your nervous system to powerfully expand your divine heart vibration. You receive a balance of the left and right hemispheres of your brain's field and an activation of divine energy through all of the energy pathways that connect with your heart chakra.

MASTER KEY (MEDITATION) - Your Master Key to Heart Connection

Qala Sri'ama Phoenix guides you through a beautiful 25-minute Quantum Field Meditation connecting your mind with the Quantum Field of Oneness and your big heart - the heart of your Soul. This meditation supports you to let go and invite your Soul and Big Heart to open through the powerful support of your Holy Spirit. You receive the Star Elixirs of Pure Light and the Master Key for Heart Connection is given to you, so you may take your

awareness into the connection that allows your heart to fully open. Archangels Michael, Gabriel, Raphael, Uriel, Chamuel, Jophiel and Tzadkiel join you in this meditation to activate this Master Key which strengthens your heart and Soul to be able to open your heart more powerfully. The Holy Mother blesses your heart and Soul with the Voidal Blanket of the Universe. You are guided to take your mind into your heart connection to empower it within your life.

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If you Sign up for the '**BEYOND THE BEYOND**' (**Advanced Subscription**) you will ALSO receive the following 6 extra Audio Sessions in the first month

WEEK 3

ENERGY LIFT-OFF - Your Quantum Light Shift

This Quantum Energy Lift-Off activates a powerful cleanse and illumination of your energy body, energy core and the cells of your physical body with divine love and Quantum Frequency. 12 Angels and 12 Archangels bring special formulas of colours of Quantum Light Frequency and Liquid Love Vibration to cleanse, neutralise, infuse and lift from your each of your chakras, all that may not allow your chakras and energy body to shift into a higher vibration. This is offered through each chakra one at a time, and each chakra is cleansed & illuminated with different formulas and Flames of Quantum Light Frequency to harmonise and balance your 9 primary chakras. This Quantum Light Shift purifies, energises your body and aligns your chakras to allow your Higher Self Connection to be empowered.

ENERGY TOP-UP - Your Quantum Light Kickstart

This Quantum Energy Top-Up energises and magnifies the light in your energy core powerfully and illuminates and expands special formulas of pure light and liquid love directly through your Spiritual body, crown chakra and every cell of your body, energy filament, nerve, strand of DNA in divine order for your being. This session supercharges each of your 9 primary chakras with special formulas of higher light vibration & liquid love. You receive a divine love infusion through all your chakras like a river of divine love. You are filled with Angelic Elixirs and the most beautiful coloured formulas of pure Light and Liquid Love Infusions. The back of your chakras are supercharged with divine formulas of Light and Liquid Love and your energy core is supercharged with elixirs of Christ consciousness. Every nerve, DNA strand, cell of your body is initiated and supercharge with the Flame of Love. You are offered 3 levels of this Quantum Light Kickstart to supercharge your energy system powerfully to align with your pure Soul vibration. Your pure Soul

vibration is expanded and illuminated through all of your energy system, chakra and through every organ, gland, meridian, pathway, cell, DNA strand.

MASTER KEY (MEDITATION) - Your Master Key to Higher Energy Connection

Qala Sriama Phoenix guides you through a beautiful 25-minute Quantum Field Meditation connecting your mind with the Quantum Field of Oneness in a beautiful attunement to the energy of Divine Truth. This meditation offers you the Master Key to your Higher Energy Connection. Archangel Michael visits you in this meditation and supports you to open the Blue Flame of Truth in each of your chakras to open your Pillar of Truth and rest in your higher energy connection.

WEEK 4

ENERGY LIFT-OFF - Your Quantum Energy Field Shift

This Quantum Energy Lift-Off powerfully cleanses and purifies any entanglements within your energy field that may not allow the Quantum Energy Field shift to take place. 12 Angels and 12 Archangels activate special formulas of Quantum Light Frequency and The Flame of Love through the 22 chakras and energy core that facilitates your Higher Self Connection and grounding of your Diamond Light body. This session purifies, sweeps and illuminates your 7 lower energy bodies - your Spiritual, Mental, Emotional, Etheric, Physical, Genetic and Soul bodies. Spherical formulas of Quantum Energy and Divine Love infuses all dimensions of your primary chakras deeply. This session powerfully sweeps, saturates, illuminates and aligns each of your Spiritual, Mental, Emotional and Etheric bodies deeply. The Quantum Lift-Off from your energy field is activated to support you to let go and release the unconscious or conscious pressures that may have built up within your energy field over time.

ENERGY TOP-UP - Your Quantum Energy Field Acceleration

This Quantum Energy Top-Up supercharges your energy core, chakras and energy field with special formulas of Quantum Light Frequency and Liquid Love Vibration to build in Quantum Energy to be able to reach your Higher Self Vibration. 12 Angels and 12 Archangels bring special spherical formulas of Quantum Light Frequency that initiate, activate and accelerate the pure vibration of your Soul through your energy body. They initiate and activate and supercharge spherical formulas of Quantum Light and the Flame of Love and Elixirs of Love through your energy core, 9 primary chakras, your energy field, and through the cells and DNA within your body to expand your Field's vibration to raise in alignment with your Higher Self Vibration.

MASTER KEY (MEDITATION) - Your Master Key to Feeling Good

Qala Sri'ama Phoenix guides you through a beautiful 25-minute Quantum Field Meditation to get in touch with your inner self and your energetic and emotional feeling. Your Angelic Higher Self joins you as you acknowledge any parts of your inner self that are not feeling good and these parts of your being are cocooned in love. As you take your mind into a higher plane of unconditional love, you receive love and are given the Master Key to transform your feelings. With every breath you receive love, as your mind raises its awareness to the Flame of Love within your heart and the Flame of Love within all of life. Your Angelic Higher Self empowers you to ignite the Flame of pure Love within your Hara chakra - your power centre, and through your Emotional body to transform the feelings you have acknowledged and infused with divine love.

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WEEK 5

ENERGY LIFT-OFF - Your Supercharged Cleanse

This Quantum Lift-Off purifies and cleanses the cells, organs and glands of your Physical body deeply and lifts a deep layer of pain and fear from the memory body of your Soul or that may have been embedded in your mind or physical body.

ENERGY TOP-UP - Your 9 Chakra Supercharge

This Quantum Energy Top-Up powerfully supercharges each of your 9 chakras and your Energy Core to fill them with an extraordinary formula of pure love and light frequencies very quickly. Each of your 9 Chakras receive an upgrade during this session.

MASTER KEY (MEDITATION) - Your Master Key for Peace

Qala Sri'ama Phoenix guides you through a beautiful 25 min Quantum Field Meditation that initiates your mind to let go, expand and come into a deeper state of peace and harmony with all of life. This meditation guides you to be deeply touched by God/Great Spirit via the Quantum Field, allowing your mind to let go in a more powerful way.

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WEEK 6

ENERGY LIFT-OFF - Your Heart's Super-Purification

An extremely beautiful accelerated purification and powerful love infusion of every cell of your body and every filament of your heart chakras energy. This super-purification goes deeper into your heart chakra and physical body to Lift-Off layer by layer of false memory, inherited memory, fear and pain that is not the true memory of your Soul. It also sweeps away lower vibrational energies accumulated in the past by your heart and Soul and body.

ENERGY TOP-UP - Your Heart's Super-Illumination

An extremely beautiful heart chakra illumination and powerful love infusion of every cell of your body and every filament of your heart chakras energy. This session also supercharges the Spiral Force of your heart and Spiral Force within the 9 cones of your heart chakra. This super-illumination goes deeper into your heart chakra, organs and your brain and central nervous system and glands of your physical body to ignite the power of shining light and love to seep out of your being. It initiates the supercharged illumination to expand through the field of your brain, your heart chakra and your whole energy body.

MASTER KEY (MEDITATION) - Your Master Key to Acceptance

Qala Sri'ama Phoenix guides you through a beautiful 25-minute Quantum Field meditation to bring a deeper level of acceptance through your being about all that you may not have been able to accept within your life. You are supported to expand your mind into the field to receive this Master Key of Acceptance which creates your higher relationship with what has been difficult for you in the past. This meditation when practiced changes your perception of what has been difficult to a more positive experience.

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WEEK 7

ENERGY LIFT-OFF - Your Super Soul Shift

An extremely beautiful Quantum Energy Lift-Off that sweeps your body, nervous system and energy body of the energies and negative mechanisms that are not of your True Soul Vibration, Higher Essence or Soul Presence. Your True Soul Vibration is initiated and accelerated through every filament of your energy and consciousness, your nervous system, your chakras, and cells of your body. Your Spiritual, Mental, Emotional and Etheric bodies are swept by the Angels and the Angels of your Soul initiate special formulas of divine energy in the form of Flames through each of your chakras to recalibrate them to the essence of your Soul. This Lift-Off initiates 3 levels of Lift-Off energies from your body, mind and energy system that do not belong to you as they do not vibrate to the true nature of your Soul.

ENERGY TOP-UP - Your Super Soul Kickstart

An extremely beautiful Quantum Energy Top-Up that blesses, consecrates and supercharges Liquid Love and The Flame of Love and Formulas of Quantum Energy into your Energy Core, Field and every nerve and cell of your physical body. As it initiates the raising of the love vibration in your being, this session supercharges your True Soul Vibration through your Spiritual body and Mental bodies and aligns your Spiritual and Mental bodies to your True Soul Vibration. It accelerates and it supercharges your brain with divine love, your True Soul Vibration and special formulas of Quantum Energy and offers 3 levels of your Soul's Super Kickstart. Your Crystal Core - Energy Core is infused with special formulas to allow your Soul's Light Frequency to be fully activated through your field and physical body.

MASTER KEY (MEDITATION) - Your Master Key to Positive Change

Qala Sri'ama Phoenix guides you through a beautiful 25-minute Quantum Field Meditation that supports your mind to switch into the Positive Mode and align your mind to life changes occurring in a positive way now and in the future. As you receive this Master Key, your Higher Self contacts you and awakens in your awareness that the Higher Selves of others can help you when you think of others in this light. You are guided to expand your energy and mind in a beautiful way and to let go of the thoughts that deny any change ahead being positive for you and make contact with the Higher Selves of all in your life, to help open the doorways of positive opportunities for you.

WEEK 8

ENERGY LIFT-OFF - Your Higher Mind Shift

This beautiful Quantum Lift-Off offers you a deep cleansing and purification of one layer of your mind's density or worries. The Lift-Off from your mind takes place in 3 stages through this session. This session energises and cleanses the 3 primary chakras that facilitate your mind's higher function. The session cleanses your mind, so your mind can evolve towards functioning to a higher level, and it initiates your mind's energy field to raise to the true vibration of your Soul - a recalibration of the field of your mind to resonate with your Soul's True Vibration and heart energy. Angels come into your sacred space and they bring 12 special formulas of Quantum Energy to support your minds shift into a higher platform of energy.

ENERGY TOP-UP - Your Higher Mind Kickstart

This beautiful Quantum Energy Top-Up illuminates and supercharges the Flame of Divine Love and Light within the central vortex of your brain and through each filament of energy within your mind, energy body and each cell of your body. There is a special focus on the chakras of your Higher Mind and your brain and special formulas of Quantum Energy and Liquid Love Infusions are initiated through each cell of your body, brain, nervous system and through the field of your mind to supercharge your mind to your Higher-Self Vibration. You receive a balancing of your brain and mind. You receive special formulas of Quantum Light Frequency that neutralise and deactivate negative programs and negative energy that may be embedded in your mind that may block the higher energy and consciousness of your mind from engaging. Archangel Michael offers you a special blessing and consecrates the field of your brain and mind within this session.

MASTER KEY (MEDITATION) - Your Master Key to receiving Divine Assistance

Qala Sri'ama Phoenix guides you through a beautiful 25-minute Quantum Field Meditation to open your awareness to how to receive Divine Assistance and also be a bridge for Divine Assistance for others. As you meditate, Qala guides you to make contact with the 3 special steps that allow you to truly receive Divine Assistance from Spirit and how to raise your consciousness and awareness to accepting the highest form of assistance in your life and feel grateful for this. Ask and you shall receive, when accompanied by the higher awareness of 3 special elements will allow the most powerful Divine Assistance to come into your life.



If you sign up for the '**Q-LIGHT**' (Starter Subscription) or '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will receive the following 3 Audio Sessions in your 3rd month

WEEK 9

ENERGY LIFT-OFF - Your Supercharged Spiritual Lift

This beautiful Quantum Lift-off offers you a wonderful spiritual alignment and Lift-Off from your Feminine Spirit, your Masculine Spirit and your Soul. You are infused with divine love into every cell, atom, molecule within your body and every photon and filament of energy and consciousness of your energy field. This Lift-Off is a deep purification of your Spirit, creating a lightness from the Lift-Off of any negative emotions and thoughts held within your Spirit, mind, body and Soul.

ENERGY TOP-UP - Your Spiritual Elixir Saturation

This beautiful Quantum Top-Up offers you a powerful potent saturation of highly concentrated Divine Love and Light elixirs through the core of your being. Illuminations move through every cell of your body, and waves of divine energy flow as all of the spiritual elixirs are received and amplified to saturate your field, energy body, energy core, 9 primary chakras and each cell of your brain and physical body. You will receive the Diamond Light and Love Elixirs of the Holy Mother's Grace as well as Elixirs of Forgiveness, Love, Clarity, Rejuvenation, Regeneration, Restoration, Divinity, Oneness, Truth, Integrity, Bliss, Innocence, Faith, Joy, Wisdom, Peace and Grace, and Emerald Elixirs of Healing and Peach Elixirs of Compassion and more saturating your energy body.

MASTER KEY (MEDITATION) - Your Master Key for Clarity

This is a beautiful meditation that gives you the simple Master Key to Creating Greater Clarity in your Mind and offers the fastest way to clear the energy of your mind so you may access truth with clarity. Qala guides you to open your energy with the Unified Field in a very special way to allow the clarification of the energy and alignment of your mind to be in pure balance with your Soul, Body and Spirit.

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WEEK 10

ENERGY LIFT-OFF - Your Whole Body & Field Super Purification

This beautiful Quantum Lift-Off offers you a super purification of your brain's field, your nervous system, water matrix, meridians, organs, chakras, your etheric body. The Angels cocoon you and fill you with immense love as you receive many flames and potent formulas of Divine energy saturating and purifying your body and field powerfully. This Lift-Off deactivates and neutralises false energy matrix's that may be held in your field and body structure that do not resonate with your Soul's true light frequency.

ENERGY TOP-UP - Your Liquid Love Magnetic Supercharge

This beautiful Quantum Energy Top-Up activates the spiral force in every organ, gland and cell of your body to be supercharged with Liquid Love Vibration. This powerful supercharge focuses deeply on your energy core and infusing immense concentrations of special formulas of Light and the Flame of Love through it. This special session activates the magnetic spiral force in your spiritual body, mental body, emotional body, etheric body, physical body, genetic body and soul body and supercharges the spiral force within your field and core to the 99th Octave of Love to discharge a powerful Liquid Love Infusion through your body and field.

MASTER KEY (MEDITATION) - Your Master Key to Flowing with the Universe

Qala guides you through a beautiful meditation to guide your mind to expand and travel into a higher Octave of Light, to connect with the infinite sea of energy, and infinite field that many call God/Great Spirit/All That Is. In this connection, you are guided to purify your Hara and will centre, and open and align your free will to your Universal Connection. This allows the infinite sea of energy to flow through your energy body, and when Universal energy is flowing through your being, your life flows in oneness with the Universe.



If you Sign up for the '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following 6 extra Audio Sessions in your 3rd month

WEEK 11

ENERGY LIFT-OFF - Your Quantum Field Purification

This beautiful Quantum Lift-Off offers you a powerful purification to the Quantum level of your being with the Cosmic White Flame of Purification. It engages with every level of your energy system and activates through the biochemistry of your body to create balance and

divine energy within your field and body. It lifts from you unknown or unquantifiable mechanisms in your system that may otherwise create disempowerment in your being.

ENERGY TOP-UP - Your Quantum Field Illumination

This beautiful Quantum Energy Top-Up offers your whole being a powerful illumination of the divine energy within you and ignites your Soul's Divine Love and Light to illuminate and expand through your field. Each of your 9 Chakras receive the special formulas that offer the Quantum Field Illumination of your energy system. As you begin your Illumination, you are reaching a stage in your Q-Light Channel Program that offers you greater empowerment as a Soul and greater opening to the Love within the Heart of your Soul.

MASTER KEY (MEDITATION) - Your Master Key to Being Present

Qala guides you through a beautiful meditation to bring you into a state of being more present. You are guided to invoke your Divine Presence in a special way and to initiate your awareness to be more present via a very simple but powerful form of energy work that empowers your being in a beautiful and dynamic way.

WEEK 12

ENERGY LIFT-OFF - Your Quantum Field Super Cleanse

This beautiful Quantum Energy Lift-off offers you a very deep and potent cleanse to the Quantum level of consciousness within your being. With the support of the Archangels and 12 Flames of Divine Consciousness, your consciousness is purified through your 9 primary chakras and 7 primary energy bodies - spiritual, mental, emotional, etheric, physical, genetic and Soul bodies.

ENERGY TOP-UP - Your Quantum Field Activation

This beautiful Quantum Energy Top-Up offers you a potent activation and balance of your consciousness via the Archangels deliverance of special formulas of divine energy within each of your primary 9 chakras and your spiritual, mental, emotional, etheric and physical bodies. Each of the Sacred Flames are magnified to a specific level to initiate a very powerful energy field activation to the Quantum level of your being, awakening the consciousness of your being.

MASTER KEY (MEDITATION) - Your Master Key to Staying on Purpose

Qala guides you through a beautiful meditation that clears and empowers the energy centre that co-ordinates your observations, thoughts and power of focus. You are guided on a beautiful journey with Archangel Michael to work with the Golden Spiral to align and balance your power of focus, and your central point of consciousness.



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WEEK 13

ENERGY LIFT-OFF - Your Master Fear Cleanse

This beautiful Quantum Energy Lift-off offers you a very deep and potent cleanse of your 9 primary chakras and your energy body system. It is the deepest and most powerful simple cleanse with the Violet Flame and highly recommended to be repeated any time you experience fear overtaking you temporarily, it will bring immediate relief to you.

ENERGY TOP-UP - Your Shakti Supercharge

This beautiful Quantum Energy Top-Up offers you a powerful Shakti Activation of your divine energy. It recalibrates, initiates and supercharges the Shakti Flames and Elixirs of Bliss through all levels of your being. This Top-Up is a natural counterpart to the Master Fear Cleanse. This session can be used to restore and reactivate your divine energy, so it is flowing, if fear has closed you down or you have experienced any form of suffering. Receiving this session a few times is needed to reactivate your Shakti if it has been suppressed through fear or negative energy.

MASTER KEY (MEDITATION) - Your Master Key for Rejuvenation

Qala guides you through a beautiful meditation which gifts you one of the most powerful keys - your own power of healing and rejuvenation of your physical body. She guides you how to access your heart energy and use the Master Key to rejuvenation to fill areas of your physical body with light. It is a very deep process that requires only a little practice, as long as you are willing to meditate and move the healing energy through your body.



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WEEK 14

ENERGY LIFT-OFF - Your Master Cellular Shapeshift

This beautiful Quantum Lift-Off offers you a very deep multidimensional infusion of divine energy that specifically creates the shift in the cells of your body and stimulates your cellular function to raise in vibration. This Lift-Off penetrates purely through the back of chakras, brain and base chakra firstly to open your body to receive special formulas that directly altar the vibration and balance the biochemistry of your physical body. This is a wonderful Lift-Off that when received before its counterpart Top-Up, can create restorative power of energy to the physical body if it has weakness. It also prepares the way for the Shakti Infusions into your Soul's Heart received by the Top-Up. This Lift-Off also offers the lifting of one layer of cellular memory, which is usually the source of the densest energy blockages in the physical body.

ENERGY TOP-UP - Your Heart's Shakti Supercharge

This beautiful Quantum Energy Top-Up supports the awakening and activation of the divine energy of your heart to concentrate, expand, supercharge to raise to a higher octave and expand your heart connection. With the support of the Archangels, the initiation of your heart chakra's Shakti is received to allow your heart to grow and develop and access your Divinity and divine energy. This Top-Up also supports a very gentle but deep potentization of your heart's empowerment in emanating greater compassion, love and forgiveness.

MASTER KEY (MEDITATION) - Your Master Key to Divine Love

Qala guides you through a beautiful meditation to understand the Master Key to Receiving Divine Love, God's Love from the infinite unified field of life. The Master Key to Divine Love is very simple and anybody can understand it and use it to open their field to receive divine love. The meditation process is very simple and supports you to open yourself to divine love and to create a very gentle divine love experience. This can become powerful and build the level of divine love you share and receive if this Master Key is practiced regularly, and it becomes a life practice for empowering your love connection and releasing any negative co-dependency on needing to receive love from others to sustain yourself. Through understanding and practicing with this Master Key, you can enjoy and build love exchanges with others without relying on the love of others to be fulfilled.

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WEEK 15

ENERGY LIFT-OFF - Your Master Crystal Chakra Multi-D Cleanse

This beautiful Quantum Lift-Off offers you a potent cleanse of the etheric crystals in each of your primary 9 chakras and a balancing of your multidimensional energy body. The Archangels support you to receive special formulas and flames balanced with pure love infusions to allow a Lift-Off of energies that may not allow your Spirit to be fully grounded in your physical body. This Lift-Off prepares your energy body and body to be able to ground more of your Spirit, passion, compassion and higher life purpose.

ENERGY TOP-UP - Your Master Crystal Chakra Multi-D Supercharge

This beautiful Quantum Energy Top-Up is a potent supercharge of the chakras of your multidimensional body and your Pillar of Light. Special formulas of Celestial Frequency are supercharged and activated through your multidimensional energy system to initiate your field and consciousness to rest in alignment with your true frequency. The divine energy is concentrated and ignited to supercharge the etheric crystals which are the core of your chakras, giving greater power and charge to your inner energy and Soul. This Quantum Energy session raises the level of your energy body's vibrational frequency, so your energy body is moving towards a more perfect calibration and match with the true frequency of your Soul.

MASTER KEY (MEDITATION) - Your Master Key to Super Awareness

Qala guides you through a beautiful meditation to raise the level of light in the centre of your awareness and offers you the Master Key how to increase and free your awareness and open your higher awareness. This Master Key requires a lot of practice, if you have inflexibility in your thinking or difficulty concentrating and focusing. Through regular practice everyone can shift into a higher awareness state and unlock their conscious mind and build super awareness.

WEEK 16

ENERGY LIFT-OFF - Your Quantum Light Pillar Supercharge Shift

This beautiful Quantum Lift-Off offers you a deep purification of your Chakra Bridge and your Pillar of Light Connection with the Earth and Sun. Special formulas of Quantum Energy and Divine Elixirs are saturated through your Chakra Bridge and Pillar of Light to strength,

purify and expand your Pillar of Light and heart connection. This Lift-Off offers your energy body system a powerful alignment and infusions of love, as you experience your Pillar of Light build and shift you in a higher energy alignment with your heart and true nature.

ENERGY TOP-UP - Your Quantum Light Pillar Supercharge

This beautiful Quantum Energy Top-Up supercharges your chakras, energy field and the chakra connections that form your Pillar of Light. Special formulas are initiated to concentrate within your energy core, central nervous system and cellular matrix of your body to support your Pillar of Light to be stronger so you may experience a greater flow of light and consciousness throughout your day. This session is the counterpart to your Quantum Light Pillar Shift which prepares your Pillar of Light for this wonderful supercharge and strengthening.

MASTER KEY (MEDITATION) - Your Master Key to Living the Life you Wish to Live

Qala guides you through a beautiful meditation to align yourself with the power you carry to create your life to flow with the grace and goodness of your Soul with positive vibrations. She gives you the Master Key of how to build your positive bright future and live the life you wish to live.

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WEEK 17

ENERGY LIFT-OFF - Your Supercharged Fear Cleanse

ENERGY TOP-UP - Your Supercharged Cellular Cleanse

MASTER KEY (MEDITATION) - Your Master Key for Truth

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WEEK 18

ENERGY LIFT-OFF - Your Full Body Lift-Off

ENERGY TOP-UP - Your Full Body Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Being Loved

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WEEK 19

ENERGY LIFT-OFF - Your Quantum Light Frequency Recalibration

ENERGY TOP-UP - Your Quantum Light Acceleration

MASTER KEY (MEDITATION) - Your Master Key to Letting Go Whenever You Need

WEEK 20

ENERGY LIFT-OFF - Your Quantum Soul Light Shift

ENERGY TOP-UP - Your Quantum Space Generator

MASTER KEY (MEDITATION) - Your Master Key to Trusting What Matters

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WEEK 21

ENERGY LIFT-OFF - Your Supercharged Heart Chakra Lift-Off

ENERGY TOP-UP - Your Supercharged Love Infusion

MASTER KEY (MEDITATION) - Your Master Key for Love

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WEEK 22

ENERGY LIFT-OFF - Your Mind's Super Shake-Off

ENERGY TOP-UP - Supercharge Your Happiness

MASTER KEY (MEDITATION) - Your Master Key to Wholeness

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If you Sign up for the '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following 6 extra Audio Sessions in your 6th month

WEEK 23

ENERGY LIFT-OFF - Your Quantum Field Master Clearing

ENERGY TOP-UP - Your Quantum Frequency Initiation

MASTER KEY (MEDITATION) - Your Master Key to Greater Faith & Well Being

WEEK 24

ENERGY LIFT-OFF - Your Quantum Field Super Cleansing

ENERGY TOP-UP - Your Quantum Field Magnification

MASTER KEY (MEDITATION) - Your Master Key to the Dynamic You

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If you sign up for the '**Q-LIGHT**' (Starter Subscription) or '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will receive the following 3 Audio Sessions in your 7th month

WEEK 25

ENERGY LIFT-OFF - Your Spiritual Super Cleanse

ENERGY TOP-UP - Your Supercharged Light Vibration

MASTER KEY (MEDITATION) - Your Master Key for Resolution

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If you Sign up for the '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following extra 3 Audio Sessions in your 7th month

WEEK 26

ENERGY LIFT-OFF - Your Big Heart's Lift-Off

ENERGY TOP-UP - Your Big Heart's Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Big Heart Mentality

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If you Sign up for the '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following 6 extra Audio Sessions in your 7th month

WEEK 27

ENERGY LIFT-OFF - Your Quantum Frequency By-Pass

ENERGY TOP-UP - Your Quantum Frequency Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Accepting Your Greater Possibilities

WEEK 28

ENERGY LIFT-OFF - Your Quantum Heart's By-Pass

ENERGY TOP-UP - Your Quantum Heart Frequency Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Your Super Transition

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If you sign up for the '**Q-LIGHT**' (Starter Subscription) or '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will receive the following 3 Audio Sessions in your 8th month

WEEK 29

ENERGY LIFT-OFF - Your Mind's Super Cleanse

ENERGY TOP-UP - Your Supercharged Love Vibration

MASTER KEY (MEDITATION) - Your Master Key for Happiness

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If you Sign up for the '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following extra 3 Audio Sessions in your 8th month

WEEK 30

ENERGY LIFT-OFF - Your Multi-D Heart Lift-Off

ENERGY TOP-UP - Your Multi-D Heart Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Receiving Grace

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If you Sign up for the '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following 6 extra Audio Sessions in your 8th month

WEEK 31

ENERGY LIFT-OFF - Your Quantum K Super Cleanse

ENERGY TOP-UP - Your Quantum K Rejuvenation

MASTER KEY (MEDITATION) - Your Master Key for Calling on Grace

WEEK 32

ENERGY LIFT-OFF - Your Quantum Cellular Cleanse

ENERGY TOP-UP - Your Quantum Mind Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Choosing the Higher Road in Life

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If you sign up for the '**Q-LIGHT**' (Starter Subscription) or '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will receive the following 3 Audio Sessions in your 9th month

WEEK 33

ENERGY LIFT-OFF - Your Body's Super Cleanse

ENERGY TOP-UP - Your Supercharged Power Core

MASTER KEY (MEDITATION) - Your Master Key for Connection

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If you Sign up for the '**COMING HOME**' (Intermediate Subscription) or '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following extra 3 Audio Sessions in your 9th month

WEEK 34

ENERGY LIFT-OFF - Your Quantum Energy Field Lift-Off

ENERGY TOP-UP - Your Quantum Energy Field Supercharge

MASTER KEY (MEDITATION) - Your Master Key to Coming Home

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If you Sign up for the '**BEYOND THE BEYOND**' (Advanced Subscription) you will **ALSO** receive the following 6 extra Audio Sessions in your 9th month

WEEK 35

ENERGY LIFT-OFF - Your Quantum Love Lift-Off

ENERGY TOP-UP - Your Quantum Love Infusion

MASTER KEY (MEDITATION) - Your Master Key to a More Graceful Life

WEEK 36

ENERGY LIFT-OFF - Your Quantum Love Supercharged Lift-Off

ENERGY TOP-UP - Your Quantum Love Circulation

MASTER KEY (MEDITATION) - Your Master Key to Keeping Your Great Feeling about Life

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